

Hand and Foot Care

Le Soleil Classic Pedicure

Herbal foot soak, trimming and shaping of the nails, cuticles and callus treatment, massage and polish in the color of your choice. Exfoliating foot scrub included.

60 min – \$70.00

Add French – \$15.00

Add Paraffin Wax – \$10.00

Le Soleil Classic Manicure

This nourishing and conditioning treatment for the hands includes filing and shaping of the nails, cuticles treatment, hand and arm massage and polish in the color of your choice.

50 min – \$40.00

Add French – \$20.00

Add Exfoliating Hand Scrub – \$5.00

Add Paraffin Wax – \$10.00

Ion Detox

Ion Detox treatments break down toxic chemicals and assists in restoring the body's energy and vitality by eliminating chemicals taken in, through proper cleansing and detoxification. When used regularly we can maintain health and vitality, even as we age, keeping us looking and feeling younger without pain. Relieves Stress; Speeds Healing.

30 min - \$45.00



LE SOLEIL SPA

Packages

- 1 Le Soleil Escape...**
Approx 7hrs – \$415.00
 - Marine Body Scrub
 - Body Wrap of your choice
 - 60 min Relaxation Massage
 - Le Soleil Spa Facial
 - Le Soleil Classic Manicure
 - Le Soleil Classic Pedicure
 - Spa Lunch
- 2 Ultimate Bliss...**
Approx 4hrs 30 min – \$315.00
 - Marine Body Scrub
 - Body Wrap of your choice
 - Le Soleil Spa Facial
 - 60 min Relaxation Massage
 - Spa Lunch
- 3 Royal Treatment...**
Approx 3hrs - \$300.00
 - Marine Body Scrub
 - Contouring body wrap
 - Le Soleil Spa Facial
 - Moisture Application
- 4 Paradise...**
Approx 3.5hrs – \$240.00
 - Body Wrap of your choice
 - Le Soleil Spa Facial
 - 60 min Relaxation Massage
- 5 Harmony...**
Approx 3hrs 30 min – \$210.00
 - 60 min Relaxation Massage
 - Le Soleil Spa Facial
 - Le Soleil Classic Pedicure
- 6 Body and Soul...**
Approx 2hr – \$165.00
 - Body Wrap of your choice
 - Massage of your choice (\$80 or less)
- 7 Rejuvenation...**
Approx 1hr 45 min – \$145.00
 - Exfoliating Marine Scrub
 - 60 min Relaxation Massage
- 8 Hand and Foot Heaven...**
Approx 2hrs – \$100.00
 - Le Soleil Classic Manicure
 - Le Soleil Classic Pedicure

Gift Certificates Available

Our guests have complementary use of the hot tub, swimming pool and private aroma therapy steam room with any spa services.



LE SOLEIL SPA

2359 Banff Trail N.W.
(Inside the Quality Inn Hotel)

Tel: 403 338 4406

www.lesoleilspa.ca

Open 7 days a week from 10:00 am to 10:00 pm.
After 6:00 pm, by appointment only.
Walk-ins welcome, subject to availability.

Massages

The goal of massage therapy is to reduce stress, decrease pain, and promote health and relaxation by means of healing touch and manipulation of the soft tissues of the body.

Relaxation Massage

A full body massage which decreases stress, stimulates circulation and releases tension through gentle muscle manipulation. This massage promotes deep relaxation, inner peace and overall well-being.

30 min – \$50.00 | 60 min – \$75.00

90 min – \$110.00 | 120 min – \$140.00

Aromatherapy Massage

A nurturing and relaxing full body massage designed to stimulate your senses with a special blend of aromatherapy. Oils, customized by your therapist just for you.

30 min – \$55.00 | 60 min – \$80.00

90 min – \$120.00 | 120 min – \$150.00

Deep Tissue Massage

An intensive, penetrating massage, that concentrates on muscle work for relief of tension and joint pain. This treatment can be customized to treat sore areas.

30 min – \$55.00 | 60 min – \$80.00

90 min – \$120.00 | 120 min – \$150.00

Pregnancy Massage

Massage for the woman who needs it most. At any stage of pregnancy, massage can help deal with issues such as lower back, legs, hip pain and swelling. Pillows are used for support and comfort while the massage nurtures and relaxes you. Please consult with your physician to be sure that massage is permitted.

30 min – \$60.00 | 60 min – \$80.00

Hot Stone Massage

A technique integrating warm stones and long soothing strokes to unwind stressed muscles and create a positive energy flow, thereby, re-energizing and rebalancing the body's spiritual, mental, physical and emotional well-being.

60 min – \$110.00 | 90 min – \$150.00

Raindrop Therapy

Raindrop Therapy is the application of essential oils, which are applied on various areas of the body to bring structural and spiritual alignment. It is designed to bring balance to the body with its gentle and invigorating application.

60 min – \$120.00

Facials

Glycolic Treatment

Includes cleanse tone, glycolic peel and mask.

30 min - \$55.00

Set of 6 treatments - \$300.00

European Spa Facial

This extensive revitalizing treatment offers deep cleansing, exfoliation, steaming, and extractions, accompanied by a wonderful face, neck and shoulder massage. Followed with a specialized mask according to your skin type.

75 min – \$85.00

Le Soleil Spa Facial

Very relaxing treatment, including cleansing, toning, exfoliation, steam, massage and mask according to your skin type (no extraction).

60 min – \$80.00

Add glycolic treatment - \$30.00

Aromatic Facial

Relax and unwind with a tension reducing massage and a customized combination of plant extracts and essential oils to suit your skin's needs. This blissful aromatherapy facial balances the skin, softens fine lines, restores radiance, lifts your senses and instills an overall feeling of well being.

75 min – \$95.00

Add glycolic treatment - \$30.00

Guinot Beauté Neuve Facial

New, improved more effective double peeling facial with fruit enzymes suitable for all skin types. A hands on treatment using fruit enzymes, amino acids and vitamins to gently exfoliate and soften the skin, leaving the skin truly radiant. Each phase of this incredible treatment will help to leave your skin with healthy beautiful glow.

60min - \$90.00

Hydradermie Treatment

This world famous, intensive, anti-aging, balancing treatment uses a gentle cosmetic current and massage to penetrate active plant extracts, instantly leaving you with smoother and more radiant skin. Very relaxing!

75 min – \$110.00

Couples services are available for all of our treatments. All prices are per person. Prices do not include G.S.T or gratuities.

Body Treatments

Each body wrap treatment begins with dry brush exfoliation to remove superficial dead skin and to activate circulation.

Detoxifying Moor Mud Treatment

This treatment relieves muscle pain and joint stiffness, very relaxing.

60min - \$100.00

Exfoliating Marine Body Scrub

Rich in Oligomer and marine salts, this toning scrub eliminates dead skin and provides mineral salts and trace elements vital to your skin's health and appearance. Your skin will be infinitely softer, smoother and better hydrated.

45 min – \$80.00

Detoxifying Body Wrap

Refresh and renew your body with our favorite French seaweed body wrap. This treatment stimulates the body's metabolism and aids in eliminating toxins and impurities from the tissues. Ideal for smokers, frequent travelers and as a preparatory step prior to other body treatments.

60 min – \$100.00

Remineralizing Marine Body Wrap

Revitalize your body with our fragrant marine gel wrap. Infused with 104 trace elements and minerals from the sea essential to your skin's health and vitality. This wrap will leave your skin feeling soothed and your body feeling re-energized. Ideal for sallow tired looking skin.

60 min – \$100.00

Sea Holistic Body Treatment

An invitation to really get away from it all. Boluses containing lavender blossoms and marine salt crystals are steam heated and applied with pressure to areas of tension. This procedure is followed by Thai inspired massage techniques designed to stimulate energy lines (sen lines) using sweeping strokes, pressure and stretching. The result is a sensation of absolute well being. (includes Exfoliating Marine Body Scrub)

75 min – \$140.00

Waxing and tinting are available, please call us for further information or visit our website for details.